



Cooked Apples with Almonds

You will need:



mixing bowl



cutting board
or plate



mixing spoon



peeler



knife



measuring
cup (1/4)



1 or 2 apples
per person



almonds




cinnamon

1. Wash hands before cooking.



2. Peel apples.



3. Cut apples  and put in bowl.

4. Measure $\frac{1}{4}$ cup almonds per person  and put in bowl.

5. Sprinkle cinnamon  and mix.

6. Heat in microwave  and serve!