

## *Make and Use* Visual Choice Cards

- 1. Print each page on heavy cardstock (or print and laminate)**
- 2. Cut apart the choice cards. Leave the storage page whole.**
- 3. Add a Velcro dot to each circle on the storage page. Line up and then add the opposite Velcro dot to each matching choice card.**
- 4. Place the storage pages in a 3-ring binder.**
- 5. Now you have an easy way to provide visual choices plus an easy way to store them!**





*Catch a football*

D.E.Guendel



*Throw a  
basketball*

D.E.Guendel



*Jump on the  
trampoline*

D.E.Guendel



*Bounce a ball*

D.E.Guendel



*Catch a football*



*Throw a  
basketball*



*Jump on the  
trampoline*



*Bounce a ball*



*Go snow tubing*

D.E.Guendel



*Throw a Frisbee*

D.E.Guendel



*Walk in the  
snow*

D.E.Guendel



*Throw snowballs*



D.E.Guendel



*Go snow tubing*



*Throw a Frisbee*



*Walk in the  
snow*



*Throw snowballs*

Leisure Activities



*Play a game*

D.E.Guendel



*Do a puzzle*

D.E.Guendel



*Use my iPad*

D.E.Guendel



*Watch TV*

D.E.Guendel

# Leisure Activities



*Play a game*



*Do a puzzle*



*Use my iPad*



*Watch TV*

D.E.Guendel





1-2-3-4-5



**5 minutes of  
Autism Fitness**

D.E.Guendel



**Play corn hole**



D.E.Guendel

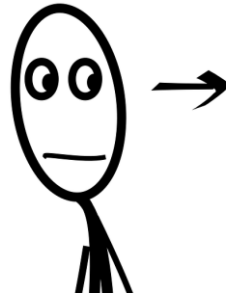


1-2-3-4-5-6-7-8-9-10



**10 minutes of  
Autism Fitness**

D.E.Guendel



**Watch outside**



D.E.Guendel





*5 minutes of  
Autism Fitness*

D.E.Guendel



*Play corn hole*

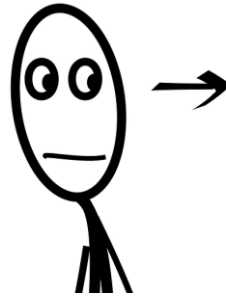


D.E.Guendel



*10 minutes of  
Autism Fitness*

D.E.Guendel



*Watch outside*

D.E.Guendel



**FaceTime**

D.E.Guendel



**FaceTime with**

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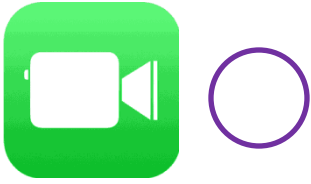


**Zoom**



**Zoom with**

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**FaceTime**

D.E.Guendel



**FaceTime with**

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**Zoom**



**Zoom with**

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